



express and Go

Pouch Bottle and Pouch
INSTRUCTIONS FOR USE



ALL POUCHES COME PRE-STERILISED

1. CONNECTING STORAGE POUCHES TO BREAST PUMP

Breast milk can be expressed directly in to express and go breast milk pouches using our breast pump adapters



Select the relevant adapter for the brand of breast pump you are using



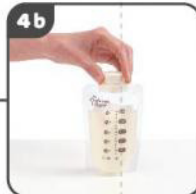
Screw the adapter on to your breast pump



Attach the pouch to the pump/adapter and express. Keep the pouch cap in a clean safe place so it can be replaced after expressing



Once you have finished expressing or when the pouch is full, unscrew from the pump and replace the screw cap



Pouches should be marked and dated for reference using a soft tipped marker so as not to damage the bag. Depending on how the milk freezes in the bag, you may not get an accurate read so we recommend recording the volume expressed in the 'notes' section

DISASSEMBLE THE REST OF THE UNIT AND STERILISE ALL PARTS AS PER MANUFACTURERS GUIDELINES



Leaving hood on teat, attach to screw ring adapter



Place pouch in to the holder and click in to place. Ensure the measurement markings are facing outwards - remove screw cap once in place



Screw the assembled ring and teat to the pouch and holder



The pouch bottle is now ready to use



When ready to feed, remove hood. Always ensure the pouch is upward facing. Once feed is finished dispose of pouch and wash/sterilise all other parts as per manufacturers guidelines



CLEANING AND STERILISATION

Milk storage pouches are for single use only. Before first use place all components with the exception of the storage bags in boiling water for 5 minutes. This is to ensure hygiene. Before first use, clean the product. Clean before each use. Always wash the product immediately after use. Wash in warm soapy water and rinse in clean water or use a dishwasher (Top shelf only). Do not clean with solvents or harsh chemicals. Do not allow product to come into contact with oil based foods (e.g. oil/tomato based sauces) as staining will occur. Do not turn the teat inside out for cleaning. Damage could result. Use a teat brush. Suitable for sterilisation by steam (electric and microwave), boiling or cold water tablet/liquid solution.

STORAGE AND USE

Inspect before each use and pull the feeding teat in all directions. Throw away at the first signs of damage or weakness. Do not store with or allow to come into contact with solvents or harsh chemicals. Keep all components not in use out of reach of children.

Not suitable for microwave or conventional oven. Do not leave a feeding teat in direct sunlight or heat, or leave in disinfectant ("sterilising solution") for longer than recommended, as this may weaken the teat. For safety and hygiene reasons it is recommended that the feeding teat is replaced at least every 2 months. Not suitable for hot or fizzy (carbonated) drinks.

For your child's safety and health

WARNING!

Always use this product with adult supervision. Accidents have occurred when babies have been left alone with drinking equipment due to the baby falling or if the product has disassembled. Never use feeding teats as a soother. Continuous and prolonged sucking of fluids will cause tooth decay. Tooth decay in young children can occur even when non-sweetened fluids are used. This can occur if the baby is allowed to use the bottle for long periods through the day and particularly through the night, when saliva flow is reduced or if it is used as a soother. Always check food temperature before feeding. Remember, never heat milk in a microwave and never boil breast milk as this will destroy valuable nutrients in the milk. These methods can create localised hot spots.

Milk storage pouches are for single use only.

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Complies with EN14350

Leaflet Number: 0422470/38

www.tommeetippee.com



express and GO

儲奶袋奶瓶及
儲奶袋

使用說明

為幼兒的安全和健康 警告!

幼兒必須在成人看管下使用此產品。有些家居意外的發生，是由於幼兒在沒有成人看管下獨自進食，而做成跌倒、誤吞細小物料等意外。

請勿把奶瓶奶咀當作安撫奶咀使用。長時間吮吸液體會引致蛀牙。即使飲用無糖飲品，都可以引致幼兒蛀牙。若把奶瓶奶咀當作安撫奶咀使用，或讓幼兒長時間使用奶瓶，尤其在晚上當唾液分泌較少時，均有可能引致蛀牙。

在餵食前要測試溫度，以免飲料過熱燙傷寶寶。

緊記，切勿在微波爐裡加熱奶水及切勿煮沸母乳，因為破壞母乳內的寶貴營養成份。此等方法亦會使奶水受熱不平均。

符合EN14350標準

儲奶袋只可使用一次。



所有儲奶袋都
經預先消毒

1. 將儲奶袋組裝至吸奶器上

利用我們的轉接環，可將儲奶袋組裝至吸奶器上，母乳便能直接吸入儲奶袋內。



選擇一個能配合您的吸奶器使用的轉接環



請將轉接環組裝至吸奶器上



請將儲奶袋扭入吸乳器/轉接環上。把儲奶袋蓋放在安全及清潔的地方，待吸奶完畢後蓋上儲奶袋。



完成後或當儲奶袋已滿，請把儲奶袋從吸奶器/轉接環扭出，並蓋上儲奶袋蓋。



請將組件拆開，
並依照生產商說明書上的指示消毒所有組件



為免儲奶袋有破損，請使用柔軟筆尖的筆，在儲奶袋上寫上日期。由於儲奶袋存放在冷藏庫備用後，可能無法準確地得知儲奶袋內的母乳容量，因此，我們建議在儲奶袋上寫上奶量。

2. 組裝儲奶袋托

使用前，請確定儲奶袋托及奶咀等組件，已依照說明書上的指示清潔及消毒。



把奶咀及螺旋蓋組裝好，蓋上奶瓶蓋。然後扭上轉接環。



將儲奶袋固定於儲奶袋托上凹槽位置。把有容量標示的一方向外。儲奶袋及儲奶袋托固定後，便可扭開儲奶袋蓋並移走。



將已組裝好的奶咀及轉接環扭入儲奶袋及儲奶袋托上。



袋裝奶瓶已經組裝完成。



餵食前，把奶咀蓋移走。請確認儲奶袋要向上。餵食完畢後，請將儲奶袋棄掉，並依照生產商的指示，清洗及消毒其他組件。



清潔及消毒說明

儲奶袋只可使用一次。

首次使用前，除儲奶袋外，請把各組件放於沸水消毒約5分鐘或用消毒器消毒，確保清潔衛生。

首次使用前，請先清洗產品。

每次使用前，請清洗產品。

每次使用後，請立即清洗產品。請用溫水加清潔劑清洗並用清水沖洗乾淨或可用洗碗碟機（只限上層）。請勿用帶刺激性的化學劑清洗此產品。

不要讓產品接觸重油份的食物（如：油、蕃茄醬等），因可能會被染色。

請勿將奶咀翻轉清洗，以免造成破損。可用奶咀刷清潔。適合蒸氣消毒（電子或微波爐）、煮沸消毒或用消毒藥片/消毒溶液。

存放及使用說明

在每次使用前後，請檢查產品並在不同方向拉扯一下奶咀。如發現有破損的情況，請立即棄掉及更換。

請不要讓產品跟帶刺激性的化學劑一起存放及接觸。

所有組件應置放在幼兒接觸不到的地方。

不適用於微波爐或傳統烤箱。

切勿將奶咀存放或置放在陽光直接照射的環境下，或接近熱源，或長時間浸於消毒液中，因為會對產品造成損害。

為安全及衛生原因，我們建議每兩個月更換奶咀一次。此產品不可盛載熱飲及有氣（碳酸性）飲料。